

Billet d'humeur

La foi : une variable de santé oubliée par la médecine ? (p. 7)

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Dossier

Parasitoses : quand le « brouillard » n'est pas dans la tête (p. 9)

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Interview

La médecine du futur a déjà 1 000 ans ! (p. 15)

- 1 <https://www.arte.tv/fr/videos/118234-000-A/les-tresors-oublies-de-la-medecine-arabe/>

Focus

Microchimérisme : quand votre corps abrite les cellules d'un autre... (p. 21)

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Angle mort

Stress chronique : quand l'organisme n'arrive plus à ralentir (p. 24)

- 1 L'homéostasie désigne la capacité de l'organisme à maintenir un équilibre interne stable malgré les variations de son environnement. Elle repose sur un ensemble de mécanismes de régulation qui ajustent en permanence des paramètres essentiels, comme la température corporelle, la pression artérielle, le pH sanguin ou encore la glycémie. Cet équilibre, jamais figé, correspond à un état dynamique dans lequel les systèmes biologiques s'adaptent en continu pour assurer le bon fonctionnement des cellules et des organes.
- 2 https://pro-osteo.com/wp-content/uploads/2022/06/The-Autonomic-Nervous-System-in-Health-and-Disease-David-S.-Goldstein-z-lib.org_.pdf
- 3 <https://www.msmanuals.com/fr/accueil/troubles-du-cerveau-de-la-moelle-%C3%A9pini%C3%A8re-et-des-nerfs/troubles-du-syst%C3%A8me-nerveux-autonome/pr%C3%A9sentation-du-syst%C3%A8me-nerveux-autonome>
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- 5 <https://www.nature.com/articles/s41598-025-12430-8>
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- 8 <https://link.springer.com/article/10.1007/s11886-025-02299-4>
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